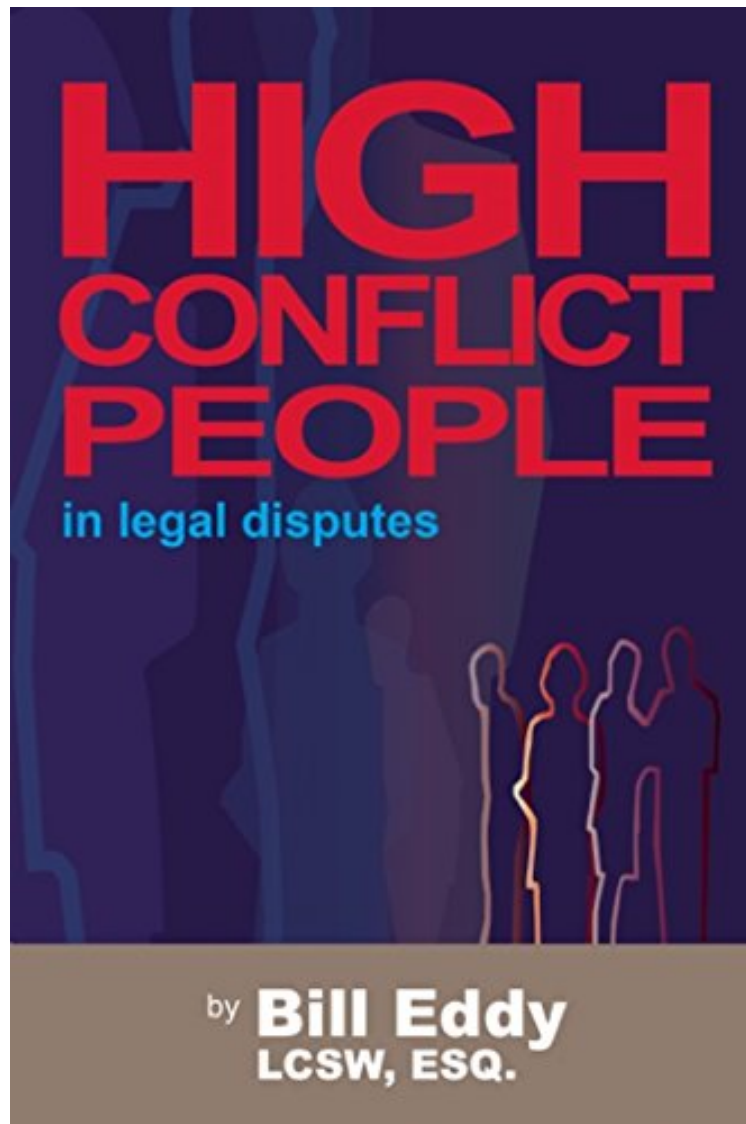


[FREE] High Conflict People in Legal Disputes

High Conflict People in Legal Disputes

Bill Eddy

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#798488 in Books HCI Press 2012-03-30Ingredients: Example IngredientsOriginal language:EnglishPDF #1 8.00 x 5.00 x .75l, #File Name: 1936268000272 pagesCurrent and/or most recent edition | File size: 15.Mb

Bill Eddy : High Conflict People in Legal Disputes before purchasing it in order to gage whether or not it would be worth my time, and all praised High Conflict People in Legal Disputes:

2 of 2 people found the following review helpful. Absolutely invaluableBy Patrick A
Few things are worse in life than when a loving relationship comes to an end in ways that you cannot understand, negotiate, or peacefully resolve, simply because you don't know what is happening or what your next move should be to save the situation. This is frequently the case with people who fall in love with, employ, or are otherwise related to the estimated 12,800,000

Americans with diagnosed personality disorders (PD). This book does not answer those questions for you, but it does give clear, concise explanations on what may be happening from the point of view of the other party, why they may be acting as they are, and what steps you might be able to take to at, the very least, protect yourself, and to avoid being drawn into costly legal drama with high conflict people whose goal is to 'punish you', as the book explains, for having abandoned, ignored, or otherwise fallen out of graces of a PD. Since almost everyone will have significant contact with a high conflict person (a person with a diagnosed personality disorder) at sometime in their life, this book should be required reading in all colleges across the country. 7 of 8 people found the following review helpful. great read + enormously helpful

By Jane Doe I believe the most compelling case for my position of "this book is AWESOME" will be made by reprinting the table of contents + chapter one's closing summary. For me, this book is keeper. I plan to reprint carry around the chapter 1 summary in my purse for a while to really sink in the material. I believe that will help reduce my reactivity to the insulting, counter-productive, crazy-making input I receive. Later I'll do likewise with material from later chapters.

-----Table of Contents: Part I: Understanding High Conflict Personalities. 1) The Problem: Personalities Drive Conflict, 2) The Pattern: An Enduring Pattern of Blame, 3) Borderline Personalities: Love You, Hate You, 4) Narcissistic Personalities: I'm Very Superior, 5) Antisocial Personalities: Con Artists, 6) Histrionic Personalities: Always Dramatic, 7) The Enablers: Family, Friends Professionals. Part II: Managing Resolving Their Disputes. 8) Bonding: Providing Security Limits, 9) Structure: Containing Emotions Focusing On Tasks, 10) Reality Testing: Cognitive Distortions Legal Standards, 11) Consequences: Motivating Reflection Behavior Change, 12) A United Approach: The Key to Resolving High-Conflict Disputes-----Avoid triggering fears of abandonment (Histrionic), inferiority (Narcissistic), domination (Antisocial), or neglect (Histrionic).-----Chapter 1 Summary (pg. 26)The problem: personalities drive conflict.HCP Enduring Pattern of Behavior: 1. chronic feelings of internal distress 2. thinks the cause is external 3. behaves inappropriately to relieve distress 4. distress continues unrelieved 5. receives negative feedback about behavior, which escalates internal distress, but thinks the cause is external so behaves inappropriately, and on on This pattern of behavior results in the following: 1. repeatedly gets into interpersonal conflicts 2. constantly identifies self as a helpless victim 3. is unable to reflect on own behavior 4. does not absorb behavior-change feedback 5. vehemently denies any inappropriate behavior 6. denies responsibility for any part in causing conflicts 7. denies responsibility for resolving conflicts 8. avoids mental health treatment 9. seeks others to confirm that behavior was appropriate 10. focuses intense energy on analyzing blaming others As a consequence, the behavior continues unchanged the conflicts escalate. 4 of 4 people found the following review helpful. very helpful

By Andrew S. Rasmussen This book provided great advice, insight and effective strategies for me in a most challenging time of my life. Some things that really stand out as helpful: * treat the person as you would any other professional client * don't argue or get upset, focus on what to do next * be modest and matter of fact * avoid direct criticism of BPs, strong anger, ignoring them, or abruptly terminating relationships with them * give NPs positive feedback and admiration * stroke NPs egos * it may be most effective to suggest counseling "for dealing with the stress" of the dispute

An easy-to-read and practical guide for legal professionals or anyone disputing with a high-conflict personality. Using compelling case examples and drawing from thirty years' experience in three professions, Bill Eddy explains the dynamics and strange logic of four types of personality disorders that appear to be increasing in legal disputes.

An essential resource for all family law attorneys and mental health professionals working with high-conflict divorce cases. -- Steven N. Sparta, Ph.D., Clinical Professor of Psychiatry, UCSD Medical School I found this book to be extremely useful. I took comfort from Bill Eddy's obvious compassion and specific techniques. -- Barbara Filner, Director San Diego Mediation Center Training Institute, March 2003 I loved it. This book is very intriguing. A godsend for handling difficult personalities who won't stop fighting. -- Dennis Sharp, JAMS and ACR, March 2003

About the Author Bill Eddy is a lawyer, therapist, mediator and the President of High Conflict Institute. He developed the "High Conflict Personality" theory (HCP Theory) and has become an international expert on managing disputes involving high-conflict personalities and personality disorders. He provides training on this subject to lawyers, judges, mediators, managers, human resource professionals, businesspersons, healthcare administrators, college administrators, homeowners association managers, ombudspersons, law enforcement, therapists and others. He has been a speaker and trainer in over 25 states, several provinces in Canada, Australia, France and Sweden. As an attorney, Bill is a Certified Family Law Specialist in California and the Senior Family Mediator at the National Conflict Resolution Center in San Diego. Prior to becoming an attorney in 1992, he was a Licensed Clinical Social worker with twelve years experience providing therapy to children, adults, couples and families in psychiatric hospitals and outpatient clinics. He has taught Negotiation and Mediation at the University of San Diego School of Law for six years and he is on the part-time faculty of the Straus Institute for Dispute Resolution at the Pepperdine University School of Law and the National Judicial College.